

Going for a Song

The Songbook

St Thomas More Catholic Primary School, Hesters Way
The Living Room, Rowanfield
Michael Betteridge

Table of Contents

St Thomas More Catholic Primary School

| | |
|---------------------------------------|-----|
| <i>Greece is the Word</i> | pg1 |
| <i>The Sunbathing Song</i> | pg5 |
| <i>Music is Magic (a round)</i> | pg7 |
| <i>The Football Song</i> | pg8 |
| <i>The School Song</i> | pg9 |

The Living Room

| | |
|--|------|
| <i>Songs for Stimulation (a round)</i> | pg13 |
| <i>Warm and Welcoming</i> | pg14 |
| <i>Our Living Room</i> | pg19 |
| <i>Green Rowanfield</i> | pg20 |
| <i>Locality High</i> | pg21 |

St Thomas More Catholic Primary School/The Living Room

| | |
|-------------------------|------|
| <i>The Future</i> | pg21 |
|-------------------------|------|

Going for a Song - what's it all about?

Going for a Song was a project led by composer Michael Betteridge in conjunction with Cheltenham Music Festival. It involved two very different groups in the Hesters Way and Rowanfield areas of Cheltenham. One, St Thomas More Catholic Primary School is a one-form entry school in Hesters Way. The other, The Living Room, is a community led group and space in Rowanfield. Both groups were visited by Michael once every two weeks from March to July 2015 and were supported, and encouraged, to write their own music and lyrics. The inspiration for these songs came from the sites both groups inhabit, and also the wider community. In July 2015 both groups performed together twice: once in their local area, and again at Cheltenham Music Festival.

This songbook is a collection of all the songs composed during that period ranging from topics such as ancient Greece through to celebrating being part of your local community.

MB, September 2015.

Greece is the Word

Strong ♩ = 132

B \flat A7 Dm

The my-thi-cal flower has a

Piano *f* *p* with pedal

5 B \flat F A7 C

gol - den spear of ev-il ness, of ev-il-ness, This an-cient flower is

Pno.

9 A7 1. Dm 2. Dm

gold - en, this an-cient flower is gol - den. gol - den.

Pno. *ff!*

13 A7 B \flat A7

God-des ses_and Gods, fight-ing, Squab-ling, at odds with each-oth-er, Wheth-er

Pno. *(ff!)*

17 F F/E_b 3 B_bm7/D_b 3

snakes on your head, Or ac - cept-ing a wood-en horse and be - ing mis - led.

Pno.

20 B_b A7 Dm

Greece is the word. Gold-en e - vil God with an

Pno.

p sempre staccato
(no pedall!)

24 B_b F A7 C

an - cient spear. Gold-en e - vil God with an an - cient spear. Gold-en e - vil God with an

Pno.

28 A7 1. Dm 2. Dm

an - cient spear. Gold-en e - vil God with an an - cient spear. an - cient spear.

Pno.

ff!

32 A7 B \flat A7

God-des ses_and Gods, fight-ing, Squab-ling, at odds with each-oth-er, Wheth-er

Pno. *(ff!)*

36 F F/E \flat B \flat m7/D \flat

snakes on your head, Or ac-cept-ing a wood-en horse and be-ing mis-led.

Pno.

39 B \flat A7 Dm

Greece is the word. The my-thi-cal flower has a

Greece is the word. Gold-en e-vil God with an

Pno. *p*

43 B \flat F A7 C

gol-den spear of ev-il ness, of ev-il-ness, This an-cient flower is

an-cient spear. Gold-en e-vil God with an an-cient spear. Gold-en e-vil God with an

Pno.

47 A7 1. Dm 2. Dm

gold - en, this an-cient flower is gol - den. gol - den.

an - cient spear. Gold-en e - vil God with an an - cient spear. an - cient spear.

Pno.

51 A7 Bb A7

God - des ses_ and Gods, fight - ing, Squab - bling, at odds with each - oth - er, Wheth - er

Pno.

55 F F/Eb 3

snakes on your head, Or ac - cept - ing a wood - en horse_ and

Pno.

57 Bbm7/Db Bb A7 Dm

be - ing mis - led. Greece is the word.

Pno.

The Sunbathing Song

Lazily ♩ = 132

Piano accompaniment for measures 1-6. The music is in D major and 4/4 time. The tempo is marked 'Lazily' with a quarter note equal to 132 beats per minute. The piano part features a steady eighth-note accompaniment in the right hand and a bass line in the left hand. Chords are indicated above the staff: Bm, G, A7, D, A7. The lyrics '1. In the' are written above the vocal line.

Vocal line and piano accompaniment for measures 7-10. The lyrics are: 'o - pen field lie down in the beau-ti-ful dais-ies, bugs fly round, I feel so hap-py, the feel of na - ture all a - round, I feel so la-zy, I'. The piano accompaniment continues with the same eighth-note accompaniment. Chords are indicated above the staff: D, F#m, G, A.

Vocal line and piano accompaniment for measures 11-14. The lyrics are: 'big bright sun has just come out, feel the glor - ious grow - ing grass that was cut this week or was it last? And the child - ren are play - ing all a - bout.'. The piano accompaniment continues with the same eighth-note accompaniment. Chords are indicated above the staff: Bm, Bbaug, D/A, E7/G#, G/A, A.

CHORUS: Piano accompaniment for measures 15-18. The lyrics are: 'I can see blue, I lie down still, Clouds mo-ving soft - ly, Warm all a-round me, Re *I can see sand, The waves are crash-ing, Warm and in - vit - ing, Ve - ry ex - cit - ing,'. The piano accompaniment continues with the same eighth-note accompaniment. Chords are indicated above the staff: D(add9), G, A.

*The lyrics to the chorus never deviated from 'I can see blue' for the July 2015 performance, but here is an optional extra lyric.

19 Bm G A D A7

1. lax, re-lax, Peace-ful, peace-ful, Sun - bathe. 2. When I

Pno.

24 Bb F/A

2. bathe. The beau - ti - ful dai - sies

Pno.

28 Ab Eb/G Gb Db/F

Are so - la - zy, Swish-ing and sway-ing in the breeze,

Pno.

32 Ab/Eb Eb Bb7 CHORUS: Eb(add9)

Soak-ing up the sun_ with ease. *I can see waves, the clouds are still,

Pno.

36 A \flat B \flat Cm A \flat 7

Child - ren are laugh - ing, Life all a-round me, Re - lax, re - lax, Peace - ful, peace - ful,

40 B \flat A \flat B \flat 7 E \flat (add9) A \flat

Sun - bathe. I can see blue, I lie down still, Clouds mo-ving soft - ly,

45 B \flat Cm A \flat B \flat E \flat

Warm all a-round me, Re - lax, re - lax, Peace - ful, peace - ful, Sun - bathe.

Music is Magic

A round

Bouncy ♩. = 104

1 2

Mu - sic is mag - ic, helps us to con - nect, mu - sic is ma - gic, helps us to con - nect,

3 4

mu - sic is mag - ic, it's fun, and helps us to learn!

The Football Song

This song was created by layering a series of musical themes (A and B) over a repeated piano part (C).
In the original performance we split the singers into four groups and layered the themes (four times through each) in part A, then we all sang the themes in part B, before returning to part A!

With energy ♩ = 152

A

Group 1:

may be spoken, rather than sung!

Kick that ball, kick that ball, kick that ball, kick that ball.

Group 2:

I ___ like

foot-ball, I ___ like foot-ball,

Group 3:

Pass, pass, pass that ball, pass, pass,

pass that ball,

Group 4:

G g g g g g g g g g GOAL!

p *f*

B

Melody 1

I was drib-bling the ball, I was drib-bling the ball,

Melody 2

We do not know who's gon - na be our keep-er, and who's go - na be ___ our cap-tain. We

(not last time)

C

(ad lib!)

Pno. *sempre staccato*

The School Song

With pride ♩ = 148

Pno.

Pno.

11

He and she think school is fun,

Pno.

16

Ex-ci-ting and fun, Set-ting us up for a good life, To-geth-er we

Pno.

21

work as a team, Ev'-ry one is kind, Reach our goals, reach our goals.

Pno.

26

St Tho-mas More is cool, yeah! St Tho-mas More is

Pno.

29

cool, yeah! Where we have fun, A great place to be

Pno.

34

You be - long here! We are

Pno.

38

e - du ca - tion, We are in - spi ra - tion, We are

Pno.

42

ce - le - bra - tion, We are Hes - ter's Way, We are

Pno.

45 1.

St. Tho-mas More Cath'-lic Pri-ma-ry School.

Pno.

48 2.

Tho-mas More is so fun,

Pno.

53

Hap-py and help - ful teach - ers, On with the learn - ing, nice and fun,

Pno.

57

Ma - ny peo-ple to play with, Awe-some teach-ers are fun,

Pno.

61

Sup - er teach - ers, su - per teach - ers, My fav'-rite sub-jects are Maths and Eng - lish,

Pno.

Our school is so hard work-ing, Real-ly great friends, Ev'-ry one be -

Pno.

longs here! We are e - du ca - tion,

Pno.

We are in - spi ra - tion, We are ce - le bra - tion,

Pno.

We are Hes - ter's Way, We are St. Tho-mas More Cath'-lic Pri-ma-ry

Pno.

81 | 1. School. | 2. School.

Pno.

Songs for Stimulation

A round

Joyful ♩ = 132

①

Songs for___ stim - u - la - tion, And

②

help with___ your re - la - tions,

③

Full of i - ma - gi - na - tion, that leads to our___ e - la - tion, It's

④

your in - ter - pre - ta - tion, That heals and helps. Re - ve - la - tion.

Optional piano part

Pno.

Warm and Welcoming

Friendly ♩ = 132

Piano accompaniment for the first system. The music is in 4/4 time with a key signature of one flat (Bb). The right hand features a melody of quarter notes, while the left hand plays a steady eighth-note accompaniment. Chord symbols Bb, C/Bb, Bb, and C/Bb are indicated above the right-hand staff.

5 Group 1

Vocal line and piano accompaniment for Group 1. The vocal line consists of two phrases: "Books to bor-row or buy.____" and "Books to bor-row or buy.____". The piano accompaniment continues with the same rhythmic pattern as the first system, with chord symbols Bb, C/Bb, Bb, and C/Bb.

9 Group 2

Vocal line and piano accompaniment for Group 2. The vocal line features a triplet of eighth notes: "Chit-ter chat-ter," followed by "chit-ter chat-ter." and "Chit-ter chat-ter,". Below this, the lyrics "Books to bor-row or buy.____" and "Books to bor-row or buy." are written. The piano accompaniment continues with the same rhythmic pattern, with chord symbols Bb, C/Bb, and Bb.

Group 3

12

Clat-ter-ing floor. —

chit-ter chat-ter. Chit-ter chat-ter, chit-ter chat-ter.

Books to bor-row or buy. —

C/B_b B_b C/B_b

Pno.

15

Clat-ter-ing floor. — Clat-ter-ing floor.

Chit-ter chat-ter, chit-ter chat-ter. Chit-ter chat-ter,

Books to bor-row or buy. — Books to bor-row or buy.

B_b C/B_b B_b

Pno.

18

Clat-ter-ing floor. —

chit-ter chat-ter. Chit-ter chat-ter, chit-ter chat-ter.

Books to bor-row or buy. —

C/B_b B_b C/B_b

Pno.

21

All

Warm and wel - com - ing, a break - through a-mongst

Pno. C/B \flat C B \flat /C F/C

25

break throughs. Peo - ple com-ing to-geth-er, to-geth-her as one at the liv - ing

Pno. C B \flat /D E \flat B \flat /D F/C C

29

room.

Pno. F B \flat C/B \flat B \flat C/B \flat

34 Group 1

An-y-one go-ing on- line?_ An-y-one go-ing on line?_

Pno. B \flat C/B \flat B \flat C/B \flat

38

Group 3

Group 2

Ask Jim! Ask Jim!

An-y-one go-ing on line? An-y-one go-ing on line?

B \flat C/B \flat B \flat C/B \flat

Pno.

42

lit - tle bit of milk and su - gar. A lit - tle bit of milk and

Ask Jim!

An - y - one go - ing on line? An - y - one go - ing on line?

B \flat C/B \flat B \flat

Pno.

45

su - gar. A lit - tle bit of milk and su - gar. A

Ask Jim! Ask Jim!

An - y - one go - ing on line?

C/B \flat B \flat C/B \flat

Pno.

48

lit - tle bit of milk and su - gar.

Ask Jim!

An - y - one go - ing on - line? _

Pno. B \flat C/B \flat

51

All

Warm and wel - com - ing, a break - through a - mongst break throughs.

Pno. C B \flat /C F/C C B \flat /D

55

Peo - ple com - ing to - geth - er, to - geth - er as one at the liv - ing room.

Pno. E \flat B \flat /D F/C C F

59

rit.

Pno. B \flat C/B \flat B \flat C/B \flat

Our Living Room

Slow Waltz $\text{♩} = 60$

A E F#m(7) D(6) A

1. I hear the laugh - ter and chat - ter - ing sounds Of all of the won
 2. I hear the chil - dren all run - ning a round Laugh - ing and play

6 E F#m(7) C# F#m E D

- der - ful peo - ple a round. I taste the cake so lov - ing - ly pre -
 - ing with mu - si - cal sounds. They feel so hap - py, so safe and se -

12 E F#m G A B B7

pared. I walked in - to a place I felt ev' - ry - one cared.
 cure. Sur - roun - ded by toys all o - ver the floor.

19 CHORUS: E G#m C#m7

I feel wel - come, I feel in - spired,

25 A(maj7) E B/D#

This place it lends to mak - ing great friends, It

31 C#m7 A(maj7) B7 E

makes life worth - while. I feel ac - cep - ted,

38 G#m C#m7 A(maj7) E

Just as I am, No judge - ment or hate, just

45 B/D# C#m7 A(maj7)

peeps who re - late, a dose of I can!

51 B7 E

Our Liv - ing Room.

1. D 2.

Green Rowanfield

Flowing ♩ = 88

A D G D D/E E F#m D E D/E A

9 A D G D D/E E

1. I see the shut - ters in the street. Green, green the Ro - wan.
2. I feel the warmth of wel - come here.

13 F#m D E D/E A

I smell the tea and bis - cuits. Green Ro - wan - field.
I hear the words of gree - ting.

17 F#m D

There's a sweet taste for friend - ship, But there's a bit - ter taste of

20 C# /E# F#m /E B7/D# Bm7/D

pain. There's al - ways peo - ple there to help you,

23 A/E E7 A

And there's so much to gain. I see the shut - ters in the

26 D G D D/E E F#m

street. Green, green the Ro - wan. I smell the tea and

30 D E D/E A E D/E A

bis - cuits. Green Ro - wan - field. Green Ro - wan - field.

Locality High

Positively ♩ = 132

with a lilt

E A E

mf 1. To get a High qua - li - ty Lo - ca - li - ty There's got - ta be
mf 2. You know that We wan - na see Vi - ta - li - ty To get a Re -
pp 3. And if you've Been all at sea In mi - se - ry Got no Sat - is -
f 4. Make sure you Snap out of the Com - pla - cen - cy Break free from In -

4 B7 E A E

Ac - tion. Wake up to the Re - a - li - ty We want you to
 ac - tion. Catch on to the Men - ta - li - ty Oh what a sur -
 Live hap - pi - ly In har - mo - ny We want you to
 ac - tion. Make lib - er - ty Your des - ti - ny Live life 'til you

8 B B7 E A E B7

try
 prise
 buy
 die

Lo - ca - li - ty High.

The Future

With hope ♩ = 96

Pno.

5 The Living Room

Pno.

Peo - ple say good things come to those who wait, but real - ly you have to work

hard to get what you want in life.

Pno.

Ce-le-brate who you are ce-le-brate with us, and ne-ver give up on your

Pno.

dreams. Stay po-si-tive, stay foc - ussed, stay bright!

Pno.

All:

The fu- ture is some-times bo ring if you don't try.

Pno.

The fu ture is ep-ic when you fly for your goals. The

Pno.

30 [2.]

goals.

35 St Thomas More

Keep the com-mu-ni-ty bright, and don't let peo-ple de-stroy the com

38

mu-ni-ty. Keep the com-mu-ni-ty bright, and don't let peo-ple de-stroy the com

42

mu-ni-ty. Teach us re-si-li-ence, Can you en-cou-rage us? Help us to car-ry on...

46

Teach us re-si-li-ence, Can you en-cou-rage us? Help us to car-ry on...

50

All:

Make us the best we can be!

The fu ture__ is some-times bo ring_ if you

Pno.

54

don't try.

The fu ture__ is ep-ic__ when you fly for your

Pno.

59

1.

2.

goals.

The goals.

Pno.

64

The Living Room

Peo-ple say

good things come to those who

St Thomas More

Keep

the com-mu-ni-ty__ bright,

and don't let__

Pno.

67

wait, but real-ly you have to work hard to get what you
 peo-ple de-stroy the com - mu - ni - ty. Keep the com-mu - ni - ty

70

want in life. Ce - le-brate who you
 bright, and don't let peo-ple de-stroy the com - mu-ni-ty. Teach us re - si-li ence,

74

are ce - le-brate with us, and ne - ver give up on your
 Can you en-cou-rage us? Help us to car - ry on.

77

dreams. Stay po - si - tive, stay foc - ussed, stay

Teach us re - si - li - ence, Can you en - cou - rage us? Help us to car - ry on.

Pno.

80

All:

bright! The fu - ture is some - times

Make us the best we can be!

Pno.

83

bo - ring if you don't try. The fu - ture is

Pno.

87

ep - ic when you fly for your goals. The goals.

Pno.